



Winter Solstice Dream



Lunar
LADIES



WINTER SOLSTICE *Dream Journal*



Spending more quiet time at a slower pace honors your body, mind, Spirit and the Earth. All of Nature is slowing down for a long winter's nap. This is the time of hibernation and going within. As you do you follow the rhythms of the Wild and you gift yourself the space for renewal and rejuvenation.

As you take advantage of colder weather and staying indoors longer, connect with the power of your dreams to practice listening to the wisdom of your Soul. Dreams are the language of your subconscious and is the poetic verse of your Soul's way of communicating with your everyday surface mind.

As you wind down and go within, you also reconnect to the ways of your Ancestors who lived more intune with the seasons of the Earth. Follow along these powerful lunar times to stay connected to your dreams, symbols, images and messages during this sacred season of Winter!

Love,
Shannon



 *Gemini Full Moon*

December 18, 2021 – 2 weeks Waning Messages

- Check your Natal Chart for your Gemini-ruled House
- Set your dream intentions to understand a deeper part of this House's themes in your life.

What dream messages are you receiving?

What dream symbols are appearing?



Capricorn New Moon

January 2, 2022 – 2 weeks Waxing Messages

- Check your Natal Chart for your Capricorn-ruled House
- Set your dream intentions to understand a deeper part of this House's themes in your life.

What dream messages are you receiving?

What dream symbols are appearing?



 *Cancer Full Moon*

January 17, 2022 – 2 weeks Waning Messages

- Check your Natal Chart for your Cancer-ruled House
- Set your dream intentions to understand a deeper part of this House's themes in your life.

What dream messages are you receiving?

What dream symbols are appearing?



Aquarius New Moon

January 31, 2022 – 2 weeks Waning Messages

- Check your Natal Chart for your Aquarius-ruled House
- Set your dream intentions to understand a deeper part of this House's themes in your life.

What dream messages are you receiving?

What dream symbols are appearing?



 *Leo Full Moon*

February 16, 2022 – 2 weeks Waning Messages

- Check your Natal Chart for your Leo-ruled House
- Set your dream intentions to understand a deeper part of this House's themes in your life.

What dream messages are you receiving?

What dream symbols are appearing?

♓ *Pisces New Moon*

March 2, 2022 – 2 weeks Waxing Messages

- Check your Natal Chart for your Pisces-ruled House
- Set your dream intentions to understand a deeper part of this House's themes in your life.

What dream messages are you receiving?

What dream symbols are appearing?